



RECESS

HANDS · FEET · BODY

Recess is the first completely green nail spa in Los Angeles--from the products used in treatments down to the construction and energy use. Thanks to years of research, the spa is committed to the utmost in sanitation, service, and relaxation at an affordable price. More than just a spa, it's a lifestyle of environmental consciousness that also promotes luxury, healthy atmospheres, and social awareness.

Hand Blended. Organic Ingredients. Natural Therapy. Our Organic products are FREE of Formaldehyde, Dyes and Parabens. You can choose from the following Lotions, Scrubs, Oils and Soaks.

Summer Guava	refreshing	Lemon Essence	detoxifying
Tropical Pineapple	hydrating	Citrus Breeze	rebalances skin
Blooming Rose	mature skin	Indian Spice	aids dry skin
Coco Beach	softens skin	Key Lime	circulation & immunity
Lavender Frost	calming	Sweet Pink Lemonade	astringent
Berry Fusion	uplifts mood	Apricot Acai	nourishing
Peppermint Acai	brightens skin	Sugar Cookie	cell growth
Chamomile	natural sedative		

8408-B BEVERLY BOULEVARD LOS ANGELES, CA 90048 (EAST OF LA CIENEGA)

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RECESS BASICS

MANICURE

\$25 30 minutes

Just what the name says, the basics! Soak, Nail Shaping, Buffing, Cuticle Care, Lotion and Polish. Includes your choice of recess organic aromatherapy Soak, Nail Shaping & Buffing, and tender Cuticle Care. This is followed with a warm towel treatment with our extra plush anti-microbial bamboo towels and a hydrating recess organic Moisturizer in your choice of scent. Finish with a Non-Toxic nail polish. Buffer, Orangethick Stick and File are yours to take home!

PEDICURE

\$35 45 minutes

Includes your choice of recess organic aromatherapy Soak, Nail Shaping & Buffing, tender Cuticle Care, and Pumice to callused areas. This is followed with a warm towel treatment with our extra plush anti-microbial bamboo towels, and a hydrating recess organic Moisturizer in your favorite flavor. Finish with a Non-Toxic polish. Foot Files, Buffer, Orangethick Stick, and File are yours to take home!

RECESS SIGNATURE

MANICURE

\$35 45 minutes

Includes everything in the Recess Basic Manicure, plus a moisture-locking recess organic Essential Oil, a Lavender Paraffin Wrap, and a Moisturizer Massage in the flavors of your choice.

PEDICURE

\$50 55 minutes

Includes everything in the Recess Basic Pedicure, plus an Exfoliating recess organic Scrub, Hydrating Lavender Paraffin Wrap and a Massage in the lotion of your choice.

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RECESS ENHANCEMENTS

Add-ons for Manicures and Pedicures include these Luxurious Options

For your hands \$6.00

For your feet \$8.00

FOOT SCRUB - Exfoliating dead sea salt & sugar. A must for your pedicure.

CALLUS TREATMENT - combats even the most stubborn soles

PARAFFIN WRAP - Intense Hydration (pair with Essential Oil for best results)

ESSENTIAL OIL - a natural blend with therapeutic benefits

WAX BUFFER - yours to keep, provides a natural shine.

FRENCH TIP - the natural-looking polish choice

NAIL ART - add some culture to your life \$3/nail

MASSAGE - an Extended 10 minute Massage \$15

CALLUS PACKAGE - Foot Scrub, Callus Treatment, & Paraffin Wrap \$35

Get Creative with Your Very Own Essential Oil Blend!
Please Ask Our Manicurists for Assistance and Pricing.

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RECESS HALF-TIME SERVICES

This quickie includes a flash soak, nail shape & buff, simple cuticle pushing, a recess lotion application, and non-toxic polish application

** Does not include warm towel treatment, foot file, tender cuticle care or add-ons.*

For Your Hands	\$18	20 minutes
For Your Feet	\$27	30 minutes

JUST A POLISH CHANGE

This includes a recess organic Lotion Application in the flavor of your choice, and your choice of Non-Toxic nail polish.

**soak, foot file & tender cuticle care not included*

For Your Hands	\$12	15 minutes
For Your Feet	\$15	15 minutes

RECESS FOR KIDS

(ages 10 and under)

We want everyone to enjoy their time at recess, so we've developed a couple guaranteed kid-friendly services with child-safe Essential Oil Blends

CHILDREN AT PLAY

Includes a calming Lavender Frost Soak and A Summer Guava Lotion application that will restore skin balance, heal ailments, and serves as a natural antiseptic. Recess time concludes with a Non-Toxic polish & simple nail art design.

Manicure	\$18.00	20 minutes
Pedicure	\$27.00	20 minutes

LAVENDER LULLABY

This package will work to safely and naturally calm your child. Includes Calming Lavender Frost Soak, Child-Safe Essential Oil Blend, Chamomile Lotion, Polish & Simple Nail Art Design

Manicure	\$23	30 minutes
Pedicure	\$32	30 minutes

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RECESS SIGNATURE COCKTAILS

When you're feeling playful, choose from the following services. We've paired a few scents together that will leave you feeling relaxed, refreshed and polished.

TROPI CALI

Tropical Pineapple Soak, Exfoliating Tropical Pineapple Scrub, Lavender Paraffin Wrap, Coco Beach Moisturizer Massage

hands \$35.00 40 minutes
feet \$50.00 55 minutes

BLOOMINESQUE

Blooming Rose Aromatherapy Soak, Exfoliating Berry Fusion Scrub, Hydrating Lavender Paraffin Wrap, Blooming Rose Moisturizer Massage

hands \$35.00 40 minutes
feet \$50.00 55 minutes

CHILL OUT

Key Lime Aromatherapy Soak, Lemon Essence Essential Oil Blend, Hydrating Lavender Paraffin Wrap, Lavender Frost Moisturizer Massage

hands \$35.00 40 minutes
feet \$50.00 55 minutes

SOUTHERN SECRET

Sweet Pink Lemonade Aromatherapy Soak, Exfoliating Key Lime Scrub, Lemon Essence Essential Oil Blend, Hydrating Lavender Paraffin Wrap, Berry Fusion Moisturizer Massage

hands \$40.00 45 minutes
feet \$55.00 60 minutes

SWEET TREAT

Summer Guava Aromatherapy Soak, Exfoliating Sugar Cookie Scrub, Lavender Frost Essential Oil Blend, Hydrating Lavender Paraffin Wrap, Berry Fusion Moisturizer Massage

hands \$40.00 45 minutes
feet \$55.00 60 minutes

THE MUSK TRY

Lavender Frost Aromatherapy Soak, Exfoliating Berry Fusion Scrub, Berry Fusion Essential Oil Blend, Hydrating Lavender Paraffin Wrap, Indian Spice Moisturizer Massage

hands \$40.00 45 minutes
feet \$55.00 60 minutes

AFTERNOON DELIGHT

Lemon Essence Aromatherapy Soak, Exfoliating Citrus Breeze Scrub, Sweet Pink Lemonade Essential Oil Blend, Hydrating Lavender Paraffin Wrap, Key Lime Moisturizer Massage

hands \$40.00 45 minutes
feet \$55.00 60 minutes

•All ingredients used are the finest sourced from all natural to organic. We here at recess only carry the highest standard in nail care and sanitation•

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RECESS' PREMIERE SPA TREATMENTS

Some times not just your hands and feet need attention. Our full-body treatments are constructed to maximize essential oil therapy, relaxation, and overall enjoyment.

POWER LUNCH

\$75

Manicure/Pedicure 30 minutes

A no frills approach to a complete service that will nourish your skin with a healthy dose of antioxidants and leave you perfectly polished, even during crunch time. Appointments are Strongly Suggested.

Includes: Key Lime Soak, Acai Essential Oil, and Citrus Breeze Lotion.

THIRSTY FEET

\$75

Pedicure Only 75 minutes

Meant for feet in need of a little extra TLC. The treatment will work wonders on your feet by softening and restoring skin balance, providing intense hydration, increasing circulation, healing sun damage and shedding unwanted dry skin. Your feet will love it!

Includes: Lemon Essence Soak, Eucalyptus Thyme Foot Scrub, Warm Towel Treatment, Triple Layer Essential Oil Treatment, Paraffin Wrap, and Citrus Breeze Lotion.

STRESS MANAGEMENT

\$165

Manicure 85 minutes **Pedicure** 110 minutes

Relax in the hydrotherapy of a warm water soak and erase tension with an exfoliating foot scrub. Reduce anxiety and improve immunity-- weakened by high stress. Service promotes relaxation and feelings of euphoria with a highlighted extended massage.

Includes: Lavender Frost Soak, Lavender Frost Foot Scrub, Warm Towel Treatment, Triple Layer Essential Oil Blend, Paraffin Wrap, Extended Massage, Lavender Frost Lotion

ACAI OF RELIEF

\$110

Manicure 60 minutes **Pedicure** 75 minutes

Designed to neutralize toxins, improve immunity, and visibly brighten your skin. Begin with an immunity boosting soak, a special antioxidant infused foot scrub, and a lotion that will help purify and cleanse. Further detoxify to feel refreshed and renewed.

Includes: Key Lime Aromatherapy Soak, Coffee Acai Foot Scrub, 2-Part Essential Oil Treatment, Paraffin Wrap, Apricot Acai Lotion

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RECESS' PREMIERE SPA TREATMENTS - CONT'D

THE ULTIMATE ORGANIC DETOX \$140

Manicure 75 minutes **Pedicure** 100 minutes

We've customized an aggressive treatment that will purify, detoxify, relax and recharge. Neutralize toxins and raise immunity. Feed your skin antioxidants that will leave you softer and brighter. You'll be ready and refreshed.

Includes: Lemon Essence & Key Lime Aromatherapy Soak, Acai Hand Scrub, Acai Foot Scrub, 4-Part Essential Oil Treatment, Paraffin Wrap, Citrus Breeze Lotion Massage

AROMATHERAPY COUPLES PACKAGE \$250

Manicure 60 minutes **Pedicure** 90 minutes

Get pampered side by side with a more private, intimate experience with a pull of the curtains. Calm your nerves, increase your circulation, purify and stimulate the senses with intoxicating layers of essential oils, leaving you feeling and smelling irresistible.

Includes: Lavender Frost Aromatherapy Soak, Exfoliating Key Lime Foot Scrub, 3-Part Essential Oil Treatment, Lavender Paraffin Wrap, Indian Spice Lotion Massage

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